



HATCHETS PORT CARLING FIRST AID PLAN

First Aid Provider

First Aid will be provided by rowing coaches who are certified in Standard Standard First Aid with AED/CPR Level C as a minimum. Certificates of training are to be posted on the Notice Board of the centre for each of the coaches on staff at that location.

Primary First Aid Location

The First Aid Location will be at the boathouse for the rowing centre. The First Aid Kit will be on a shelf surrounding the Notice Board in a kit clearly marked "FIRST AID".

First Aid Equipment

At the Primary First Aid Location, the following equipment will be available:

- WSIB Standard Contents First Aid Kit
- Incident Reports

Reporting

Every time someone attends the Primary First Aid location for assistance of any kind larger than a simple scrape or cut that requires an adhesive bandage, an incident report will be completed. Incident Reports will be submitted to the head office by any way of electronic submission to Kathy McCarthy kathy@hatchetsrowing.com, 705-765-1939, and then marked on the incident report that it has been submitted - and the original kept and submitted at the end of the season.

Victim Care

Whoever initiates initial contact with someone needing First Aid should remain with the victim whenever possible. If the victim has been pulled out of the water, the safety boat team is responsible to ensure the victim receives First Aid care by either using a phone to call First Aid to meet you at dock or by escorting the victim to the Primary First Aid Location. Under no circumstances will the victim be left alone until they are deemed to be safe to no longer need First Aid.